



Denton Parks and Rec, (940) 349-7275

Register at www.dentonparks.com.

ADAPTIVE RECREATION



North Lakes Rec Center, (940) 349-8287

These classes provide individuals with physical and developmental disabilities a chance to participate in recreation programs with their peers while enhancing their physical, social, and emotional well being. The whole community is invited to join in the fun!

YOUTH

Handmade Crafts, ages 12+

Come have fun and socialize with peers creating a special craft.

June 17	F	10:30-11:30am	\$5	46888
July 1	F	10:30-11:30am	\$5	46889
July 15	F	10:30-11:30am	\$5	46890
July 29	F	10:30-11:30am	\$5	46891

Ooey, Goopy Arts and Crafts, ages 3-9

Kids will have a blast creating art and messes without the clean-up! Parents are asked to stay and assist younger participants. Kids of all abilities are invited to play! \$5 per person.

June 10	F	10:30-11:30am	\$5	46505
June 24	F	10:30-11:30am	\$5	46506
July 8	F	10:30-11:30am	\$5	46507
July 22	F	10:30-11:30am	\$5	46508
August 5	F	10:30-11:30am	\$5	46509

Zumba Stars, ages 5-12 Thursday, 6-7pm

Based on the popular Latin workout, these routines are adapted to suit the needs of children with disabilities. Neuro-typical kids are welcome to participate and serve as partners. Drop in and enjoy each class. \$5 per person.

ADULT

Adaptive Dances, ages 18+

Join us for a themed dance with pizza, light refreshments and a picture booth from 6:30-8:30pm! \$5 per person.

March 11	St. Patrick's Day	46924
April 15	Spring Fling	46925
May 13	Cinco de Mayo	46926
July 1	Patriotic	46927
August 12	End of Summer	46928

Lights Out Sensory Rm, ages 18+ Tuesday, 10:15-11:15am

This interactive room stimulates the senses! Black lights, neon carpet, disco lights and lasers will dazzle. Hands on items will provide different textures. Great for small groups; \$5 per person.

Adaptive Art, ages 18+ Monday/Thursday 10:15-11:15am

Explore and feel different mediums in this instructor led program that stimulates the senses and works on fine motor skills. \$5 per person.

Adaptive Game Day, ages 18+ Wednesday, 3:15-4:15pm

This program promotes physical fitness through a variety of activities. Free with Rec Pass.

SOCIAL CONNECTIONS

YOUTH, ages 13-17

Make new friends while trying new activities! See sporting events, movies, plays, and more.

June 24	F	4-8pm	\$25	46905
July 22	F	4-8pm	\$25	46920
August 19	F	4-8pm	\$25	46921

ADULT, ages 18+

Make new friends while trying new activities! See sporting events, movies, plays, and more.

June 3	F	4-8pm	\$25	46906
August 5	F	4-8pm	\$25	46923

Find us on

Denton Parks and Rec
Adaptive Recreation

"To all my Facebook friends who love our special needs friends and family please become active in helping make their parks and recreation programs relevant and attended. Check it out!"

Emily Lyons, mother
and Denton resident

